



## How to access medicinal cannabis in Australia

We believe you and your doctor should have the same confidence in our cannabinoid-based medicines that you would in any other prescription medicine. Zelira Therapeutics is passionate about contributing to world class science and conducting clinical trials to ensure we continue to deliver a range of ethical medicines for specific medical conditions.

Our focus is on helping people with specific conditions who feel that conventional treatments are providing limited relief. We've developed several pharmaceutical-grade cannabinoid-based medicines that are available and could improve the quality of your life.



### What is medicinal cannabis

Medicinal cannabis has been shown to have analgesic, anti-inflammatory and antioxidant properties. This is because it contains substances that act on the body's endocannabinoid system which is a communications system in the brain and body that influences sleep, mood, emotion and memory<sup>1</sup>.

### Eligibility for medicinal cannabis

If you are experiencing a chronic medical condition and have tried prescription medicines but they have either not worked or they have caused intolerable side effects, you may be thinking about discussing the next steps with your doctor.

### Be prepared for your doctor to say they don't know much about medicinal cannabis

Your doctor may not be familiar with prescribing medicinal cannabis. If that is the case, then it might be best to confirm that they are willing to help if they learn more about medicinal cannabis and the process.

If they say yes, then let them know that there is information and education that they can access from the TGA, the Royal Australian College of General Practitioners (RACGP) or provided by accredited education provider, Medihuanna at [zeliratx.medihuanna.com](https://www.zeliratx.medihuanna.com).





## STEP 1

### Talking to your doctor

It is important to talk to your doctor about whether medicinal cannabis is a suitable option for you based on your circumstances and medical history.

To consider if medicinal cannabis is an appropriate treatment, your doctor will make an evidence-based assessment considering your symptoms, family history and any other treatments that have been tried before.

#### Your doctor will also consider the possible impact of treatment on your life with respect to:

- Side effects of medicinal cannabis treatment
- Operating heavy machinery
- Driving
- Employment testing
- Ability to pay for a medicine not covered by the Pharmaceutical Benefits Scheme.



## STEP 3

### Receiving your medicinal cannabis

Once approval is received, your doctor will give you the approval paperwork and a prescription for the medicinal cannabis, that you can take to your pharmacist.

Your pharmacist can only order your medicine once they receive the prescription and the approval paperwork from you. They will then let you know when to return to pick up your medicine. This usually takes 24-48 hours.



## STEP 2

### Accessing medicinal cannabis

Legal access to medicinal cannabis means getting a prescription from a doctor.

Most medicinal cannabis products are unapproved products and are not available as registered prescription medicines in Australia. To access unapproved medicines, your doctor needs to obtain approval from the Therapeutic Goods Administration (TGA) via special access pathways created by the TGA.

All registered medical doctors in Australia can prescribe medical cannabis like any other prescription medicine if they have adequately assessed your situation and believe that it is clinically appropriate.

The application process is through the TGA's online system, and your doctor should hear back in two working days.



## STEP 4

### Taking your medicinal cannabis

Remember to ask for detailed instructions from your doctor on how to use the medicinal cannabis and make a follow-up appointment so your doctor can assess how you are responding to the medicine. If you need further information, you can ask your pharmacist or contact [support@zeliratx.com](mailto:support@zeliratx.com)



### Support for you

If you need more information, there is support for you.

You can visit the TGA website for general information about medicinal cannabis or you can contact us and we will be happy to assist you:

☎ 1300-ZELIRA (1300 935 472)

✉ [support@zelirax.com](mailto:support@zelirax.com)



### Support for your doctor

If your doctor wants more information about our medicines, including clinical evidence, or guidance with using the Special Access Scheme pathway they can go to the DOCTOR page of our website or contact us directly if they prefer:

☎ 1300-ZELIRA (1300 935 472)

✉ [support@zelirax.com](mailto:support@zelirax.com)

